#### DOCUMENT RESUME

ED 465 628 SE 066 350

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TITLE Curriculum by Design: Improving Student Learning in College

Chemistry and Biology.

PUB DATE 2002-01-00

NOTE 11p.; In: Proceedings of the Annual International Conference

of the Association for the Education of Teachers in Science

(Charlotte, NC, January 10-13, 2002); see SE 066 324.

AVAILABLE FROM For full text: http://aets.chem.pitt.edu.

PUB TYPE Reports - Research (143) -- Speeches/Meeting Papers (150)

EDRS PRICE MF01/PC01 Plus Postage.

DESCRIPTORS Academic Achievement; Biology; Chemistry; \*Curriculum

Design; Higher Education; Program Effectiveness; \*Science

Instruction; Success

#### **ABSTRACT**

It is well documented that college students arrive poorly prepared to succeed in science and mathematics courses. Reasons for this include: (1) lack of student conceptual understanding in science; (2) inability to think critically; (3) little interest in science; and (4) a lack of self-discipline and study skills. The purpose of this paper is to demonstrate that if a Curriculum Design Model (CDM) is applied to course curriculum and instruction, then college students will be able to understand the basic concepts underlying important science topics. Further, the effectiveness of the CDM can be tested in the form of improved student conceptual understanding, achievement and course retention. It is postulated that when students are given the opportunity to construct their own conceptual understanding, there is an increase in their motivation and interest in science. (Contains 26 references.) (MVL)



# **Curriculum By Design: Improving Student Learning in College Chemistry and Biology**

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# CURRICULUM BY DESIGN: IMPROVING STUDENT LEARNING IN COLLEGE CHEMISTRY AND BIOLOGY

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It is well documented that college students arrive poorly prepared to succeed in science and mathematics courses (Kean & Middlecamp, 1994). Reasons for this include: (a) lack of student conceptual understanding in science; (b) inability to think critically; (c) little interest in science; and (d) a lack of self-discipline and study skills. National attrition rates are high among first-year college students, particularly in underrepresented groups. Finally, college teaching is still heavily didactic in approach with little opportunities for active engagement necessary for students to construct their own conceptual understanding.

# **Purpose**

The purpose of this paper is to demonstrate that if a Curriculum Design Model (CDM) is applied to course curriculum and instruction, then college students will be able to understand the basic concepts underlying important science topics. Further, the effectiveness of the Model can be tested in the form of improved student conceptual understanding, achievement and course retention. It is postulated that when students are given the opportunity to construct their own conceptual understanding, there is an increase in their motivation and interest in science.

# Theoretical Background

Figure 1 illustrates the three tenets that underpin the Curriculum Design Model. These three tenets (less is more, scaffolding learning, scientific literacy) were derived from the professional experience of the faculty as well as a substantial research literature base.



# Curriculum Design Model Scaffolding Learning Scientific Literacy

Figure 1. Three Tenets of the Curriculum Design Model.

# Less is More: First Tenet of the Curriculum Design Model (CDM)

Recent research in college physics learning indicates that success in undergraduate courses depends heavily upon students following cookbook-like solutions to problem solving tasks (Maloney & Siegler, 1993). Further, success in these courses was not a valid indicator of student conceptual understanding (McDermott & Shaffer, 1992). Interviews with 'A' and 'B' students from these courses showed that many held naïve and incomplete views of basic science concepts. Findings from other studies concur that success in traditional undergraduate science courses is not a valid measure of the depth of their conceptual understanding (Maloney, 1994). Vosniadou (1996) suggested that core concepts within a discipline have a relational structure that directly affects conceptual understanding. The relatedness among these core concepts must be reflected in course curriculum and text-based materials. Similarly, Romance and Vitale (1997, 1999) suggested that instructional activities should be designed to require learners to demonstrate how they would represent their understanding of core concept relationships. Finally, the TIMSS study (Schmidt, McKnight & Raizen, 1996) found that instructional materials used in the United States typically consisted of many diffusely arranged concepts that inhibited meaningful



learning. Further, the amount of information presented is so vast that it results in the mere "mentioning" of concepts rather than developing student understanding of core concepts and their relationships. This research base underpins the "less is more" tenet of the CDM. Instead of covering more topics, it is based on covering the most important topics in greater depth, and emphasizing relationships between core concepts.

# Scaffolding Learning: Second Tenet of the CDM

Experts, unlike novices, are characterized by the degree to which they have developed and organized their conceptual understanding (e.g., Andersen, 1993; Carey, 1985; Chi, Glaser & Rees, 1982). Within this framework, the goal of meaningful learning is considered to be the continued organizational development of the conceptual understanding necessary for deep thought processing associated with abstractions and generalizations (Glaser, 1991; Glaser & Bassok, 1989; Royer, Cisero & Carlo, 1993). Reif and Heller (1982), in addressing problemsolving in physics, found that deep understanding involves hierarchical organization of conceptual knowledge into easily accessible schema. Carnine (1992), DeJong and Ferguson-Hessler (1996), & Grossen, et al., (1998), suggest that curriculum and instruction designed around 'big ideas' as core concepts promote active student conceptual understanding. Finally, Kozma et al., (1996), in studying learning in chemistry, have shown that novice learners cannot be expected to direct their attention to core concepts in a discipline. Rather, novices require extensive guidance from experts (teachers) to develop deep thought processing and conceptual understanding.

# Supporting Scientific Literacy for All: Third Tenet of the CDM

Another fundamental issue associated with effective teaching and learning is the need for students to engage in meaningful discourse in order to construct their own conceptual



understanding (Bleicher, 1998). Such discourse is promoted through collaborative learning environments where students feel comfortable to take risks, ask questions and share ideas. This is in keeping with the National Science Education Standard, "to advance learning and increase the scientific literacy of all students" (National Research Council, 1996).

# <u>Methodology</u>

The research followed a mixed-method design (Frechtling & Sharp, 1997), involving both quantitative and qualitative research methodologies. It examined project activities and correlated these to changes in student learning, achievement, and interest in science. It also assessed changes in faculty understandings and practices in curriculum and instruction.

Student achievement data (exam scores, laboratory grades, final course grades) were collected. Survey data were collected from students, gathering feedback about all course components, but particularly the non-traditional recitations. The Reformed Teaching Observation Protocol (ACEPT, 2000), a cooperative learning classroom teaching rubric, was used to measure the effectiveness of the implementation of cooperative learning strategies by the undergraduate peer leaders who facilitate the non traditional recitations.

Data were analyzed using a strategy developed by Miles & Huberman (1994). This methodology provides a framework for a collaborative group of researchers to perform three research functions: (a) reduce the data to a subset of information (categories) without losing essential data; (b) display (matrices, maps, summaries) this information in a manner that facilitates group discussion and notation of consensus upon emerging patterns (narrative documents); and (c) draw conclusions that help explain observed participant actions and consequences.



#### Results

# Example of A Module: Structure and Function of Cells

Most introductory biology students do not appreciate the significance of studying the cell because they do not have a conceptual framework within which to assimilate what they are being taught. To help develop such a framework, the cell is studied in lecture, laboratory and non-traditional recitation (Lifeline). By structuring the learning environment to provide reinforcement and application, a scaffold is created to promote student learning.

While the first two learning components (i.e., lecture and laboratory) are conceptually aligned, learning theory tells us that complex concepts are learned when students have opportunities to discuss and apply concepts leading to conceptual understanding. The nontraditional recitations provide a small-group, cooperative learning environment that supports student construction of their own understanding. Hence, given its pivotal role in the learning cycle, it is critical that these non-traditional learning experiences be well designed by applying a Curriculum Design Model that links conceptual learning in all three course components. By focusing their attention on the workings of the cell during lecture, visualizing different cell types in the laboratory, and engaging in meaningful discourse about the underlying concepts in the Lifeline sessions, the student learns about cell structure and function in three increasingly more focused instructional contexts. In doing so, multiple instructional activities are provided for learners to construct meaningful understanding. Using multiple pathways to enhance student understanding is an important cognitive strategy as it provides a well designed vehicle to reinforce and clarify student understanding and misconceptions (Bleicher, et al., 2001). Learning of complex concepts requires multiple instructional interventions with the same or similar



concepts in order to provide opportunities for learners to construct their own understanding (Bleicher & Romance, 2001).

## Student Performance

Students expressed more confidence in their ability to reason-through and solve chemistry and biology problems. Over 70% of students indicated that the non traditional recitations were helpful to their success in the course.

To assess the impact of the CDM on student performance, the grade distribution for the course taught in the current year was compared with those of the previous three years. These data show a 20% reduction in the percentage of students receiving D's, F's, or withdrawing from the course. Withdrawals alone dropped to 5% this year compared to over 22% previously.

# Implications for College Science Teaching

Building a Professional Learning Community among college professors is a challenging endeavor. Faculty had a common purpose and were willing to invest time and energy in addressing the complex issues and changes which needed to be made. Faculty were willing to put aside their prior conceptions and become more open to each other's ideas and to those ideas suggested in current research journals in order to expand their own understanding of the problems. In the process of meeting for the past several years, faculty participated in conversation following presentations by distinguished science and science education researchers studying teaching and learning. While much of this early collaborative work was initially spearheaded by efforts of the science education faculty, the scope of the work has become a shared partnership best described as a Professional Learning Community. Even with a positive working relationship within and outside each college, faculty needed to establish an action plan



so as to clarify goals and objectives, identify tasks and responsibilities and plan for resulting evaluation of activities.

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